

# PEOPLE MOVING & HANDLING

Presented by: Jaime Dennis

**People Moving and Handling:  
The transportation or supporting of an individual (including lifting, putting down, pushing, pulling, carrying or moving) by hand or bodily force.**



Jaime Dennis has more than 20 years of experience of supporting moving and handling techniques for learners with physical disability within a range of SEND and mainstream settings. She is passionate about ensuring young people are safely supported in a respectful way, and that those who are providing support are equipped with adequate skills and knowledge to do this, as well as protecting themselves.

The aims of this session are to:

- Provide you with a sound knowledge of issues involved in supporting young person with physical disability
- Introduce relevant legislation, roles and responsibilities, including use of Risk Assessments
- Learn stable base and movement techniques
- Knowledge of why good handling technique is important and strategies for this, including spinal care, personal and occupational risk factors, 'APPEE System' and 'Base to Face Checkpoints'
- Practice safe methods of moving and handling equipment and techniques

**13<sup>th</sup> September 2024**  
**2<sup>nd</sup> October 2024**  
**8<sup>th</sup> November 2024**  
**5<sup>th</sup> December 2024**  
**17<sup>th</sup> January 2025**  
**28<sup>th</sup> February 2025**  
**2<sup>nd</sup> May 2025**  
**6<sup>th</sup> June 2025**  
**3<sup>rd</sup> July 2025**

**9.30am to 3.30pm**

Chamwell Centre  
The Milestone School Campus  
Longford Lane  
Gloucester  
GL2 9EU

Suitable for practitioners in  
EYFS, Primary, Secondary  
and SEND settings

**£95pp or £85pp\***  
(\*if booking more than one place)

**For Schools, By Schools**

For more information and bookings:  
[contactus@trainingoutreach.sandmat.uk](mailto:contactus@trainingoutreach.sandmat.uk)  
[www.trainingoutreach.sandmat.uk](http://www.trainingoutreach.sandmat.uk)