

OUTDOOR FIRST AID LEVEL 3

Presented by: Fiona Mitchell

This course fulfils the requirements of the First Aid element of the expedition syllabus and it is suitable for the Bronze, Silver and Gold Duke of Edinburgh awards.

This comprehensive two-day course covers a wide range of First Aid emergencies, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way, particularly where professional medical help is not immediately available.

Syllabus A range of outdoor First Aid related subjects are covered including:

- What is outdoor first aid?
- Incident management
- First aid equipment
- Bones, joints and muscle injuries
- Summon assistance
- Head and spinal injuries
- Chest and abdominal injuries
- Anaphylaxis
- Resuscitation
- Burns
- Eye injuries
- Wounds and bleeding
- Poisoning
- Hypovolaemic shock
- Bites and sting
- Plus more.....

Upon completion participants will receive a certification issued by Nuco which is an Ofqual and SQA regulated awarding organisation.



24th – 25th September 2024

8.45am to 3.30pm

Sladewood Academy
Bisley Old Road
Stroud
GL5 1NL

Suitable for practitioners in
EYFS, Primary, Secondary
and SEND settings

£105pp

(*if booking more than one place)

For Schools, By Schools

For more information and bookings:
contactus@trainingoutreach.sandmat.uk
www.trainingoutreach.sandmat.uk

