

PEOPLE MOVING & HANDLING

Presented by: Jaime Dennis

**People Moving and Handling:
The transportation or supporting of an
individual (including lifting, putting down,
pushing, pulling, carrying or moving) by hand
or bodily force.**



Jaime Dennis has more than 20 years of experience of supporting moving and handling techniques for learners with a physical disability within a range of SEND and mainstream settings. She is passionate about ensuring young people are safely supported in a respectful way, and that those who are providing support are equipped with adequate skills and knowledge to do this, as well as protecting themselves.

The aims of this session are to:

- Provide you with a sound knowledge of issues involved in supporting a young person with a physical disability
- Introduce relevant legislation, roles and responsibilities, including use of Risk Assessments
- Learn stable base and movement techniques
- Knowledge of why a good handling technique is important and strategies for this, including spinal care, personal and occupational risk factors, 'APPEE System' and 'Base to Face Checkpoints'
- Practice safe methods of moving and handling equipment and techniques

25th September 2025
17th October 2025
14th November 2025
11th December 2025
23rd January 2026
12th February 2026
13th March 2026
30th April 2026
15th May 2026
25th June 2026

9.30am to 3.30pm

Chamwell Centre
The Milestone School Campus
Longford Lane
Gloucester
GL2 9EU

Suitable for practitioners in
EYFS, Primary, Secondary
and SEND settings

£95pp or £90pp*
(*if booking more than one place)

For Schools, By Schools

For more information and bookings:
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www.trainingoutreach.sandmat.uk